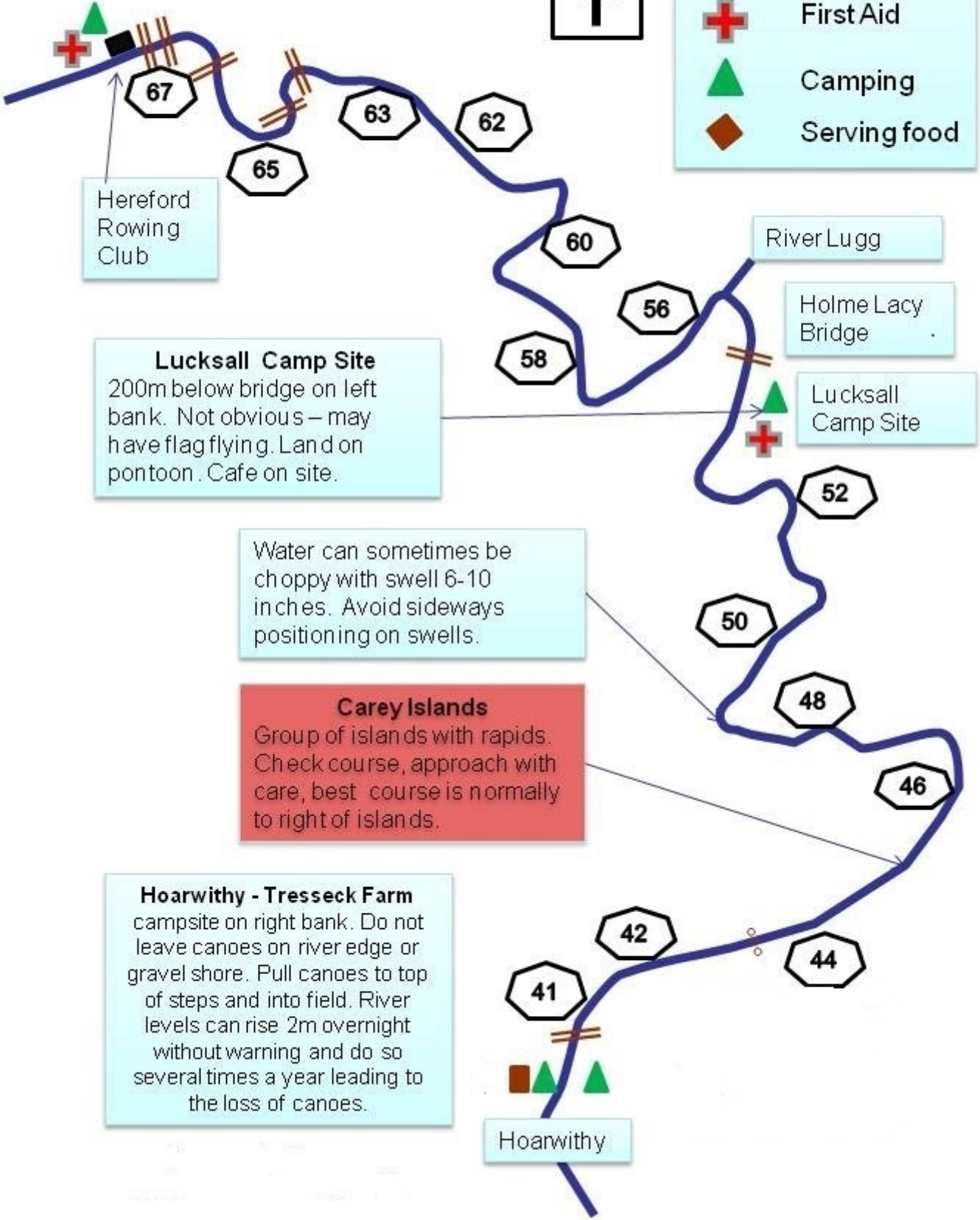


**Hereford to Hoarwithy**  
17 miles



Key	
	Kms to finish
	First Aid
	Camping
	Serving food



Hereford Rowing Club

**Lucksall Camp Site**  
200m below bridge on left bank. Not obvious – may have flag flying. Land on pontoon. Cafe on site.

Water can sometimes be choppy with swell 6-10 inches. Avoid sideways positioning on swells.

**Carey Islands**  
Group of islands with rapids. Check course, approach with care, best course is normally to right of islands.

**Hoarwithy - Tresseck Farm**  
campsite on right bank. Do not leave canoes on river edge or gravel shore. Pull canoes to top of steps and into field. River levels can rise 2m overnight without warning and do so several times a year leading to the loss of canoes.

Hoarwithy